New Zealand 99.1 Canoeing

FROM THE EXECUTIVE

Hi there, and welcome to the autumn edition of New Zealand Canoeing. The observant amongst you will have noticed the summer edition was missing. My apologies to those of you who were eagerly waiting the last edition. Unfortunately work and other committments interefered with the production of the summer edition, but I hope you'll find the autumn edition worth the wait.

AGM

The NZRCA AGM is fast approaching, and will be held on **Saturday 17 July in Wellington at the Kilbirnie Aquatic Centre.** Come and find out what the Executive is doing, and have your say about what you want it to do.

KEEN PERSON WANTED

The NZRCA needs an Executive Officer. This is a paid position, 3 to 5 hours a week. You will be receiving and forwarding the NZRCA mail, organising the NZRCA Executive agendas and minutes, and managing the files and filing system. You should be familiar with the kayaking scene, have a nose for networking and be computer-friendly. A Wellington location is preferred. For more information and a job description contact Janette Kerr 2 Kruse Place Christchurch, ph/fax 03 352 5786, or kaykas@xtra.co.nz.



Marree (Muzz) Baker surfing at the 1998 Buller Fest Rodeo

Photo: Jon Hunt.

Autumn 1999 Contents

About NZ Canoeing .	2
Executive & Officers	2
The President reports	.3
The Club column	4
Classifieds	4
The Clarence endangered	5
Warioa release dates	5
On any Sunday:	
Menories of Matt Daly	6
Resource Management Act	9
News in brief	9
Shoulder dislocations	10
Te Hoe river trip	12
New kiwi boats	12
Rode World Cup news	15
Membership form	15

ABOUT NZ CANOEING

New Zealand Canoeing is the official newsletter of the New Zealand Recreational Canoeing Association (NZRCA) Inc. NZ Canoeing is published quarterly and distributed free to over 1,000 members of the NZRCA throughout New Zealand/ Aotearoa.

The views expressed in New Zealand Canoeing are those of the individual authors and do not necessarily represent those of the Executive of the New Zealand Recreational Canoeing Association.

NZ Canoeing welcomes advertising from organisations associated with recreational canoeing. Please contact us for our advertising rates, and find out how to show your products and services to kayakers around NZ.

Thanks to Sarah McRae, Hugh Cannard, Paul Macey, Mick Hopkinson, Craig Peerless, Rob Worlledge, Ngaire and Andrew Lawson, and the miriad of email correspondents for their contributions to this issue of NZ Canoeing. May the rivers flow for you!

Contributions of articles, trip reports, classified advertisements, and letters for publication are gratefully received.

Please send items to: The Editor New Zealand Canoeing PO Box 254 Wellington

Ph/Fax: 03 352 5786 admin@rivers.co.nz

www.rivers.org.nz

The deadline for material for the Winter newsletter is 20 June 1999

All map references are to NZMS Infomap 260 Topographical series.

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as elected at the 1998 NZRCA AGM

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ERRATA

In the last edition of New Zealand Canoeing we reported that the forestry owners of Te Kaingaroa areound Jeffs Joy was Carter Holt. The forest is owned by a consortium including Fletcher Challenge forests but not Carter Holt.

One of the reasons for needing a permit to drive on forestry roads is to avoid driving into logging areas and/or running into logging trucks. In summer the high fire danger means the forestry owners need to know who is in the area in case of emergency etc.

THE PRESIDENT REPORTS



Sarah McRae, NZRCA President

While life has been busy since the last magazine, I have had time to sneak off to experience the delights of paddling in Nepal. A wonderful time of dahl, rice, whitewater, and extended bus journeys. Also a time to reflect on the fate of some of the world's best kayaking rivers.

Nepal continues its hydropower generation programme, with a major diversion on the Kali Gandaki nearing completion, and the Marsyandi proposal at Phaliya Sanghu a more certain prospect daily. We struggled our way through Nepali-English chats with the townsfolk at Phaliya Sanghu, to learn about the proposed relocation of the town to make way for construction workers, works, and the eventual dam. It is unclear what social or environmental assessment precedes this decision. Experience from the Arun III proposal does not bode well, where impact assessment methods were considered inadequate. Interestingly, Nepalese NGOs have been successful in stalling the Arun proposal, in winning a successful challenge that the impact assessments did not meet the standards of, significant

funder & global Santa Claus, the World Bank.

Thank goodness things are different here....yes, well,....the Clarence debate continues, with the NZRCA Clarence project team negotiating with Tranzrail over their proposed removal of 1.93 million m3 of aggregate from the beds of the lower Clarence river, and nearby tributaries the Wharekiri and the Miller, to build the new ferry terminal at Clifford Bay. We are continuing our theme that Tranzrail's assessment is inadequate and the effects of their proposal are likely to be significant for kayakers. Watch this space for more information. In the meantime thank you to Geoff Price (Whitewater Club), Doug Rankin (UCCC) and Maree Baker (NZRCA) for your time and effort.

But what right do we have over

these rivers? Who does own them? An issue in the daily news, following the speech in January by the Government's Treaty
Negotiations Minister, Rt Hon Sir Douglas Graham to the Annual Conference of Australian and New Zealand Agricultural and Resource Economics Societies. The last word therefore goes to Sir Douglas, with the following notable quote:

"The [Waitangi] Tribunal has considered the difficult issue of rivers lakes and geothermal resources in a number of reports. In the Te Ika Whenua report it stated that it considered Maori had interests akin to ownership in these rivers even though the adjacent lands had been sold many years ago and may now be in private ownership..... The Tribunal also recommended that compensation was due to Maori for the interference caused by dams. These findings and recommendations require a Crown response and Cabinet has also carefully considered this issue. The government does not accept that Maori have an interest akin to ownership in rivers. The water is free from ownership by anybody. Nor does the Crown own all the river or lakebeds The government accepts that Maori have a special interest in these resources and any settlement where there is an issue will take that into account in a meaningful way. But the Crown must retain the ability to act in the best interest of all New Zealanders at all times."

Happy paddling. Sarah McRae



"I'll trade you a dugout for a Daggar" Bill Thompson discusses kayaking developments in Nepal Photo: Sarah McRae

THE CLUB COLUMN

Marlborough Canoe Club is probably one of the smaller canoe clubs in NZ, often barely managing to scrape together 15 members. This year however has seen a turnaround. We have undertaken a more active approach to recruiting members and convincing existing members to do their bit. This seems to be working and the club is enjoying a 'bumper' season.

We are very lucky to have close ties with the Woodbourne Canoe Club, whose members are Defence Force staff. There are even a few keen individuals that belong to both clubs. This puts us in the good position of being able to stretch equipment as we often share (and to those of you who know the gear that Woodbourne have – they have used ours!!).

So what's the paddling like in paradise - with Buller a mere two hours drive away? There is probably too much to mention but I will give it a go! Most weekends in summer (and winter if there are Scottish kayakers around calling us wimps) will see a carload or two heading up to the Buller. Telling

you anything about the Buller River and surrounds is a bit like telling an Eskimo how to build an igloo, so I won't. When the Buller is just too far to bother, there are always the (generally overlooked) local rivers. The Waihopai River is half an hour from Blenheim, and a rainy afternoon sees kayakers trying to skive off work an hour or two early. This great little run doesn't get a mention in "The" guide book, but if you are in Blenheim on a rainy day get hold of a local kayaker and try something new. Other local rivers of note are the Upper Wairau, the Wakamarina (beautiful, but needs rain to bring out its flavour) and last but certainly not least the Clarence River. (Please don't build a quarry Tranzrail).

Being such a small club we don't have the luxury of having enough members to appoint conservation officer. This doesn't mean that we don't care, but in the past most of the conservation work has been done by Colin Leitch, who now resides in Auckland. (Job vacancy for anyone keen).

Ngaire Lawson

Newsletter Editor, Marlborough Canoe Club

CLASSIFIEDS

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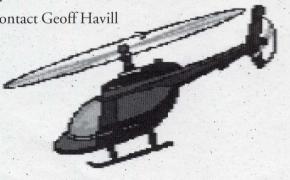
For prices and details contact Geoff Havill Address:

Stafford Loop Road RD2

Hokitika

Phone: 03 755 8151

Cell: 025 224 3652



THE CLARENCE ENDANGERED

NZRCA'S APPEAL TO THE ENVIRONMENT COURT

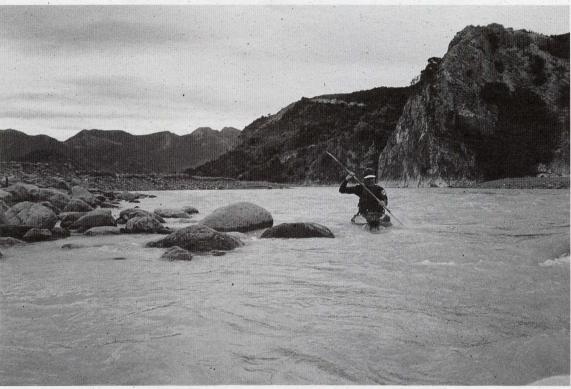
One of New Zealands most important kayaking rivers remains under threat after Tranzrail was recently granted permission to extract 1.9 million cubic metres of rock from the lower Clarence.

Despite the convincing arguments from NZRCA and other canoe clubs at the resource consent hearing the Canterbury Regional Council granted the consent. Considering how important the. Clarence is to the kayaking community of New Zealand we searched our souls, gained some legal advice and have now appealed this decision in an attempt to prevent. the destruction of

this section of river, or at least ensure that the effects of the project are minimised and that reconstruction will be of the highest standard possible.

Legally Tranzrail are required to assess the effects of their actions on interested parties yet they did not consult the NZRCA or any other river users as to how their actions would affect us. In fact they concluded that the effects on kayakers would be minor.

Somehow the complete removal of the riverbed and diversion of the



river to a new course does not conjure in my mind a picture of a minor inconveniance! This, therefore, is the main point of our appeal. The relief we ask for is that Tranzrail engage in meaningful dialogue with us and if they do not recognise and allow for the fact that this river is of national importance the resource consent should be denied.

The second main branch of our appeal is that Tranzrail have not done enough investigation into the site itself to determine whether they

can restore it to its original calibre. There is a glaring lack of studies and data on the site they have proposed to excavate and ealistically speaking Tranzrail has no idea whether they can restore the whitewater characteristics of the river that make this section so valuable. As a result we are asking for specific studies to be completed by Tranzrail so that it can be clearly seen whether or not restoration is an option.

The whole appeal process could take up to a year, during which time Tranzrail may not commence the proposed gravel extraction. In the meantime the plan is to begin actions and research to apply for a national Water Conservation Order over the Clarence so that it will not face such threats in the future.

WAIROA RELEASE DATES

The Kaimai Canoe Club just released the flow dates for the Wairoa River for the next 1999/2000 season. Look up the results at http://www.topline-nz.co.nz under NEWS.

ON ANY SUNDAY: MEMORIES OF MATT DALY

Matt Daly died at the start of a kayaking trip on the Roaring Meg section of the Kawarau river on Waitangi weekend, 1998. The following account was written by Sue Olaman and Carl Waddick, with help from Matt's family, in an effort if possible to make sense of the tragedy, and so other paddlers can understand this can happen even to one of the best

I remember the Sunday on Waitangi weekend, 1998, well. I was on the way to camp at Dogleg for the night when some friends asked me to join them on "The Meg." Doing the huttle we passed near "Man-eater," and noticed the traffic slowing more than normal, even for a holiday weekend. My first thought was a traffic accident, and sure enough there was an ambulance and people directing traffic. Then we spotted a car with a kayak on top. "Oh no, its not a paddler?" The car I had seen was Matt Daly's, with his boat on top and it looked like Matt beside the car. The person appeared beside our vehicle and told me to get out "right now!!" It wasn't Matt. I got out. He said "Matt's dead."

What followed was, I suppose, the normal course of events, but the sequence of events is shocking

and distressing when you are involved, the transporting of Matts body to the morgue, dialogue with the police, the taking of statements, informing the family.... except this time it was one of my best mates. Matthew Daly was only 25 years old.

For Matt to die, paddling at Roaring Meg, was a severe shock to those who knew the man and the water. However, before we can describe some of the events which happened that day, it's necessary to understand the nature of "The Meg" section of the Kawarau river in Central Otago when it's flowing at about 300 cumecs. John Snook has provided a detailed description of this section of the river which is printed at the end of this article.

Matt's Sunday started out as any other Dogleg paddling weekend. In the afternoon, he entered the water at the usual put in spot below the "Natural Bridge" with five fellow kayakers. Initially the group was relatively close together with the most downstream paddler in a large eddy on river right, approximately 10-15 metres below the put in. Matt paddled upstream and into the 'Birdsnest eddy'. He paddled a little further upstream to a microeddy on river right, just below the dynamited Natural Bridge rock jumble. Matt was quite close to a side wall of the river and pushed himself away. Shortly after this he went over very quickly. Three paddlers saw him go over and realised immediately that he was not in his boat. Matt had not attempted to roll. From this point the biggest problem was that although the rescuers could see much of the river, they could not find Matt. One paddler got out of his boat to climb over the rocks and confirm that Matt was not inthe upstream eddies. Matt reemerged 1-2 minutes after going over with just a glimpse of buoyancy aid visible and downstream from several of the paddlers who were still in the eddy at the put in. Some did not realise that Matt had floated by. The two paddlers who had all ready moved downstream yelled to each other, recovered Matt from the water and formed a raft with their two boats, a Perception 'Pirouette S' and a Quality Kayak 'Bandit'.

One paddler, a doctor, removed his own helmet and face guard to administer artificial respiration under trying conditions. Matt had

Continued on the next page



Matt Daly and his trusty Subaru

Photo: Sue Oloman

taken one or two breaths on his own just before the raft was torn apart by the water. The doctor lost his paddle and swam, but self-rescued above the power station. The paddler in the 'Bandit' could not hold Matt. Seeing the swimmer was in control; he chased after Matt. The doctor ran up to the road and asked a motorist to alert

emergency services. Two of the group had already got out to run along the bank to try and locate Matt. He was recovered approximately 700 metres below the Roaring Meg power station, having gone through two more rapids. The paddler in the 'Bandit' attached his towline to the shoulder loop of Matt's buoyancy aid and managed to struggle through the helical currents to the left bank of the river (nearest the road). C.P.R. was reapplied, kayakers tag-teaming with motorists until the arrival of a medical team approximately one hour after Matt first got into difficulty.

It was too late.

Matt began paddling in Invercargill when he was 13 years old and joined the Southland Canoe Club when he was a gangly 15 yr old tearing around the pool trying to emulate the feats of his older brother and sister. He was a very energetic, enthusiastic, friendly youth, full of encouragement and always eager to 'GO PADDLING' whether it was surfing at Oreti Beach and Porridge, "The Waiau," canoe



Matt, surfing on the Meg section of the Kawarau River

Photo: Sue Oloman

polo, or organising and running slaloms on the Mararoa river. Matt was at the beck and call of Boy's Brigade, school groups and anyone else-who showed interest in the sport. A highlight was the "Dog" weekends, where we would camp near Rum Currie's hut and paddle "Dogleg and the Meg," sometimes venture to the Shotover, and occasionally watch Christchurch gurus paddle Citroen and Sargoods Weir, hoping one day to reach such heights. Paddlers came and went with jobs, family, school, and other sports, but Matt was always there.

During all this time Matt matured into the person most paddlers recognise. His physical prowess was envied and his opinion respected. Matt was capable, confident, aware of others, and helpful, pickingout lines, showing less able paddlers how to make a certain move, and encouraging them to try. His passion for paddling was always evident. He was keen to get on the river, would "yippee" with delight at big water, grin from ear to ear after rolling up from 'hole-playing', and yee-har' as he caught and surfed the waves. He had a set of paddling

values. He believed in the purpose of a Canoe club. He believed in fostering developing paddlers, and carted them around in his trusty Subaru. He believed in putting back into the sport what he had learned. He learned to give and expect nothing in return. He must have been owed a distillery of Drambuie for the number of people he rescued. Matt was not always right; he made his share of mistakes as we all do. Tales of his thrashing in holes are legend in the Southland Canoe Club. He was the same mix of safe caution and convincing bravado as any individual in our sport. He believed the best safety was to be the best paddler, and what he didn't know he sought to learn.

Matt's funeral service was attended by family and friends, work colleagues, school mates, playmates from mountain-biking and tramping groups. Kayakers formed a guard of honour. There are so many good memories of Matt. Everyone spoke of the times they had shared with Matt and his paddling deeds that some people will not fulfil in a lifetime. He loved discovering new places,

ON ANY SUNDAY

continued

mountain biking, climbing, and tramping, as well as bacon and eggs, James Bond movies, and good whisky! We all miss him. His openhearted and caring spirit, energy, cheeky smile, and love of life and adventures will stay with us forever.

We are sure Matt would want us to learn from this tragedy. The spot where Matt was held down or trapped was the same spot another paddler had experienced difficulties and had the day before. The swimmer endured the usual amount of good-hearted banter at the Dogleg campfire that Saturday night. Did Matt go to see what had caused the problem? Maybe to prove he could handle the water better, prove he could out-paddle his mate? The Meg was his 'back yard'. Perhaps Matt was not as respectful of the water conditions

as a person of less experience may have been, or perhaps he was casual because he had done it so many times before.

Matt was not paddling his own 'Super Sport' - he had borrowed a friend's 'R.P.M'. Although not his own boat, he had said that the padding was just about a perfect fit. Both boats are typical of the sharp edged, tail-happy play boats out there on the rivers; rewarding to paddle, but with less margin for error in difficult situations.

Not all the paddlers on the river that day had full safety equipment. Whistles were not used. Matt's buoyancy aid was a 'Danico' make. Matt had checked it at the start of summer for flotation and had been surprised to find it floating 8 kg's of dive belt. The aid was approximately 5 yrs old. By definition, a buoyancy aid is assistance for a conscious person. It is questionable whether any buoyancy aid would have been

much use under such turbulent water conditions, with an unconscious body. At this particular spot on the river, whole boats and paddlers have been known to disappear from sight and reappear metres downstream.

The Maritime Safety investigator noted that Matt was well equipped, safety conscious, and had a vast experience of this section of river at similar, lower, and

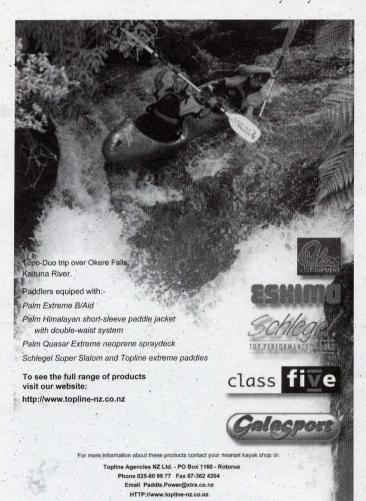
higher flows in a variety of kayaks. A further key note was that Matt had unzipped his lifejacket and undone one of the buckles, suggesting he was perhaps pinned or snagged below the water. However, there was no direct evidence of this. The coroner also noted that Matt might have received a knock to his head. The final recommendation of the Maritime Safety investigator was to....

"Send the report to the most appropriate representative of kayak groups with a warning that even kayakers who are experienced and well equipped may still not escape the constant threat which the sport poses".

Tragically, Matt was in the wrong place at the wrong time. We all push the limits, maybe he just pushed it one too many times. If so, Matt would be the first to admit it. If anything to come from all of this, it should be to make us all think. The fact a good paddler had already swum out of the same spot the day before should be reason enough not to push your luck. We should all never forget basic common sense.

We also think there are further points, which we should be reminded of:

- The boats we choose need to match the rivers we paddle. Those edges that catch so well to produce whoopies, rock splats, and cartwheels make rolling difficult and controlling the boat hard in boils and holes. When we run rivers in rodeo boats we must realise we may need to perform rescues or be rescued with these boats. Try a stern deck rescue of a swimmer using a rodeo boat.
- When was the last time you attended a First Aid, C.P.R. and/or River Rescue course?



When did you last practice the skills you learnt at these courses? Robin Rutter-Baumann also noted that the NZRCA have not run any advanced river rescue courses for the past two years, due to lack of demand. Why has there been no interest?

- Matt's accident happened beside a busy highway. Imagine if it had been a West Coast wilderness trip. Rescue services are a long way away.
- There are questions we need to ask ourselves. What sort of paddlers are we? Who do we paddle with? Better kayakers tend to paddle in smaller groups. This means less chance of receiving assistance if you get into difficulty. If you are the best paddler in the group, who is looking out for you? The times when you're the only safe-bet in your paddling group are the times when you may be on your own. What

equipment do you carry, what shape is it in, and do you know how to use it? Have you attended a River Rescue, C.P.R. and/or First Aid course recently?

We're not saying we should stay home and knit. Our sport is risky, and there will always be things we can't control. We must all try to minimise the risks we can control. Maybe then, we will be the best paddlers we can be, and the very best every paddler can be is to be able to return safely to family and friends after every river trip on any Sunday.

Sue Olaman and Carl Waddick

Special thanks to John Snook, Mick Hopkinson, Robin Rutter-Baumann, and Matt's family.

To houour Matt's dedication to the Southland Canoe Club, the club is planning to erect a plaque near the Meg put in. In addition, the 'Matt Daly Cup' will be awarded annually, to recognise fair play in canoe polo, an attribute promoted and demonstrated by Matt.

NEWS IN BRIEF

RAFTING KIWIS PLACE 5TH IN WORLD CHAMPS

The New Zealand Raft Team finished in fifth place at the 1998 Camel Whitewater Challenge World Rafting Championships, held on the Reventazon River in Costa Rica in September 1998.

The NZ team consisted of seven whitewater experts, including John Snook and Andy Fuller, members of the New Zealalnd white water kayak slalom team, and raftguides from Rotorua.

Teams from 16 countries competed at the event. First place was taken by the team of Slovenia, winner for the 4th consecutive time.

Teams competed in a series of four races, raft slalom, raft sprint, and kayak and raft downriver. The same Kiwi team improved on their 1997 performance when they placed 6th overall on the Zambesi River in Zimbabwe. *More news on page 13*

RESOURCE MANAGEMENT ACT

UNDER REVIEW - HAVE YOUR SAY!

The Resource Management Act (RMA) controls those wonderful recreational resources, rivers, and is currently under major review. Some proposed amendments are positive, from recreational kayakers' points of view, but the majority of the proposals will have significant negative effects on kayak clubs and individual kayakers' interests.

The first round of public comment on the proposals was completed on 29 January. The NZRCA submitted a sizeable submission.

The RMA reform proposals directly threaten effective community consultation and the opportunity for facilitated, negotiated resource consents. Consultation and negotiation are the main way that the NZRCA and clubs participate meaningfully and effectively in the resource management process. The review proposes to reduce notification of resource consents even further. The

review proposes that consultation is not needed in the cases of lapsed and cancelled consents and that the fourth schedule, which guides applicants on how to assess to effects of their proposal (by consultation), is not necessary. Consultation and negotiated consents are a very effective way of producing resource consents that please all parties involved, recreational users and developers included. It is vital that these two processes are improved and enhanced, not reduced and dismissed!

The review proposes to allow organisations other than councils process some resource consents. Councils are also democratically accountable to their region whereas private processors would not be. Another proposal is to use Commissioners to reside at resource consent hearings instead of the councilors. This could also have the effect of removing the safeguard that accountability provides. It would also give decision-making power to a person who is not as aware of the

Continued on page 14

SHOULDER DISLOCATIONS

LESSONS LEARNED ON THE RANGATATA

As I held Tims' arm and gently pulled it came easily towards me. I could feel the head of his humerus slide across into the socket created by his clavicle and scapula. I released my grip; his shoulder seemed to spit the arm out of the socket, as his muscle spasmed again. Tim's face whitened yet again.

Half an hour earlier our group of eight had been on the bank checking out

the line down Rooster Tail, a grade 4+ rapid in the Rangatata Gorge. Rooster Tail is at its safest at 140 cumecs, when the slot at the bottom flushes well to the right. It was Tim's first time down, and he had been paddling well. He watched the first few, and was on line as he headed towards the horizon. Slowed by the first wave he was tail stood by the second, and he reached out to stabilise himself as if completing a whoopie as the solid water at the back of the wave squirted him skywards. He continued to reach down and sideways for the water and doing so straightened his left arm as the boat fell over on that side. From my position on the bank it looked as if he tucked into a roll as the RPM went over.

As his paddle floated free I cursed him for once again relying on his hand roll, which he says quicker and easier. Sure enough the hand roll came but somehow without it's usual precision, his right arm reached for the sky, he lifted his head and his left arm trailed in the water. As he washed past Pigs Trough and exited his boat the smirk was wiped from my face as his boat drifted away and he made little effort to swim. The others focused on gathering up his gear until Mike started yelling for someone to get Tim. Tim was pulled into the last eddy above The Pinch - if he had missed this he

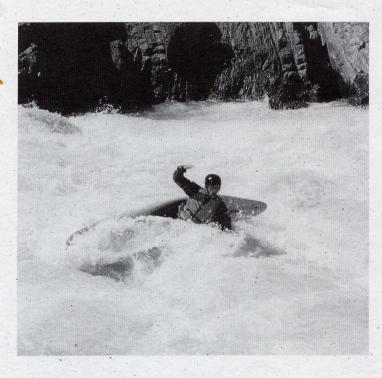
> would have swum around 1km of 4+ rapids.

I had decided that this attempt to relocate Tim's left shoulder would be the last. I was increasingly concerned that I was doing more harm than good. Tim was in great pain, and it now looked

like he would have to walk out after all with his shoulder still dislocated. Mike found that Tim was most comfortable with his hand up at shoulder height like he was giving a stop signal, so he placed a paddle across Tim's shoulders and Tim held the shaft with his left hand to take the weight off the dislocated shoulder. Eugene, Mike and I would assit Tim while the rest of the group paddled out to get the shuttle sorted, to make it quicker to get him back to Christchurch.

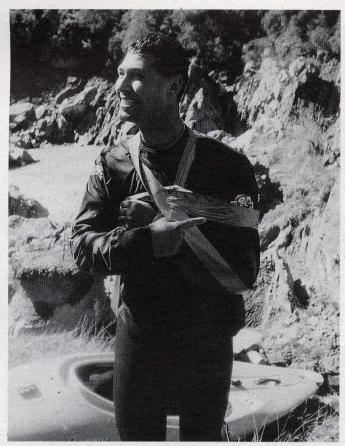
We weighed up our options. We had tried to sling and stabilise his arm with duct tape, but when he stood and tried to walk the searing pain almost caused him to black out. It was two hours walk back to the cars, and while there was a 4WD track above us we where unsure where it lead to. Though Tim was comfortable with his arm supported by the paddle there was. no way he could scramble through the surrounding scrub with it across his shoulders. Even with forty five combined years paddling experience between us Mike and I were stumped. We had only seen one or two dislocations each and those times the people had fixed themselves. Eugene said he wished we had a first aid book or something, and then I remembered that hidden in my rescue bag was a. set of safety flash cards. I dug them out. Sure enough there on the cards was a easy to follow explanation of how to relocate a shoulder. We decided to try again.

We explained to Tim what we would be doing, and obtained his consent. Using the method on the cards his shoulder slipped back into position easily and we duct taped his arm to his body for support. He



A hand roll in big water

Photo: Robin Rutter-Baumann



Tim displaying a fine piece or duct-tape art

Photo: Robin Rutter-Baumann

had immediate relief from the pain and after five minutes or so decided he was able to walk out. Eugene accompanied Tim while Mike and I towed their boats down the river. They climbed in and out of gullies, over deer fences and through thickets of Matagouri for the next 2° hours to reach the cars.

Once back in Christchurch Tim went to A&E for a check up and x-ray, within a couple of weeks he was back paddling on flat water and now reports that he has full use again, though he knows that future dislocations may occur more easily in this shoulder.

During discussion after this incident a few things have come to light:

 Prompt reduction of dislocations speeds recovery, however full rehabilitation takes months and is best done in consultation with a doctor or physio.

- There are a range of methods for relocating shoulders and if we intend to paddle in areas without easy and quick access to medical help we should get training in at least one of them.
- It is important to get the patients consent before attempting to reduce a dislocated shoulder after informing them

- called doing up the zip you just take your bad hand in your good hand and bring it up as if it was a jacket zipper, until your hand is on your head.
- Getting the patient to relax their muscles will assist relocation Tim did this using the paddle to support his arms weight - this is an advantage of the self help method
- There is a tendency when a person swims to help by grabbing their gear as they swim to the side people should always be dealt with first and we should never assume they'll be OK even if they say the are they're probable too embarrassed to say otherwise)..
- We should always know exactly what rescue gear is on hand before the trip starts.
- Everyone in the group should know escape routes check a map before hand. (Tim could have easily been driven out the 4WD track.)

For more on shoulder dislocations and rehabilitation check out: http://www.haze.demon.co.uk

of the limits of your knowledge and of the possible damage that could be caused by getting it wrong.

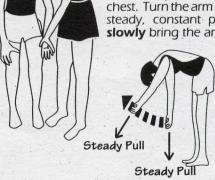
 Knowing how to reduce your own shoulder dislocation may be invaluable. One method that works for some people is

Shoulder dislocation TREATMENT

■The sooner a shoulder is relocated, the easier it will be since muscle spasm increases with time. Damaged blood vessels, associated fractures, or nerve impairment will be **improved** and **not** worsened by proper relocation of the shoulder. Evacuation will be much easier and safer.

• Have the patient bend over at the waist while you support their chest. Turn the arm so that the palm faces forward and pull with steady, constant pressure directly downward on the arm. slowly bring the arm forward toward the head.

- After the shoulder is back in, immobilize the arm with a simple sling and evacuate.
- •If the shoulder has not gone back in after an hour, or circulation, sensation, or the ability to move hand and fingers are impaired, splint it "as it lies" and evacuate the patient ASAP, otherwise permanent damage may result.
- •Do not let the victim paddle out.



TE HOE RIVER

SAT 14 NOV 1998

The Te Hoe River has its origins high in the Whirinaki forest and flows' south to the junction with the Mohaka River at Te Hoe. The Te Hoe river flows through thick beach forest and two extremely rough gorges above the confluence with the Hautapu River.

Sheer Bluffs scaling 100's of metres in height surround the second gorge all the way to the Tangohoe valley which opens out onto the Mohaka.

Access was gained to the via Willow Flat and instead of turning left to go to Haliburtons you travel off to the right and continue up the Te Hoe Rd for 40kms from the Willow Flat bridge to the Hawkes Bay Paleontology Club Hut where we spent the night in tents.

This area is of special interest to a group of Dinosaur hunters who for the last 30 years have been searching for and found signs with the discovery of bones belonging to Dinosaurs which inhabited the area during the Cretacious period.

The decent is divided into two sections, the first being the upper Te Hoe above the Hautapu confluence and the second being from the Hautapu river to the Mohaka confluence.

The upper Te Hoe contains 2 tight gorges the second gorge being the tightest with little that is paddle able with steep high sides that have to a large degree fallen into the river bed and in places completely choked the river.

Features of special interest on the Upper Te Hoe are a section where the river dives under a very large boulder that has blocked the river and under which the river travels in high flows. With less water an arch is visible under the rock and Rob showed the boys the line through the entry stopper and then on through and under the arch to daylight on the other side.

The Upper Te Hoe took 6 1/2 hours to get to the confluence of the Hautapu river.

The river below the Hautapu confluence contains one last gorge of the same variety as the upper Te Hoe but it is less choked and provided maze like paddling conditions which we weaved our way through until we emerged from the gorge and out into forestry and farmland that led us to the Mohaka get out at Haliburtons 3 hrs 20 minutes after leaving the Hautapu confluence.

This trip is a Class 4 job, is not for bunnys, and is in every essence of the word a tough adventure paddle. There is little chance of a walk out if you loose gear or become separated from your boat as the gorges we encountered were sheer and way steep.

If you are a bare footed paddler a paddle boot with a good tread will stave off further misery.

We were: Warren Hales, Rob Worledge, James Hector Tayler, Craig Peerless and the yellow topo.

NEW KIWI BOATS

Seems like you can't turn your back on the playboat scene for a minute without a new design appearing. While in general all the recent boats can do the same things each has it's own peculiarities, and the best option is to arrange a test paddle before you buy. Many of you will have caught up with the 3-D, Alien and Stealth however you may not be aware that 2 local playboats have been added to the range in recent weeks.

The Ballistic is one of the hottest playboats in the game, and was designed, built and used by members of the N.Z. Rodeo Team. The Carbon-Kevlar versions have been around since mid- winter, the plastic version is to be available by Christmas. This is refined world class technology intended for competition at the highest level. The cost is around \$1400 and they will be available through kayak shops. Contact Richard Sage on (06) 388 1445

The Gyro is handknitted Kiwi ingenuity at work. Designed and built in Nelson, this is the most affordable playboat on the market at \$690. Deliberately aimed at the student or those who wish for a second boat to liven up easy stuff. It is 2.3m long, 65cm wide and flat spins with ease. It is only available direct from the manufacturer, however demo boats are available. Contact Robert Bryant at Playboatz N.Z. on (03) 548-7951

Have you been on a great trip recently?

Got any great photos?

If so, write it up, and send them in!

NEWS IN BRIEF

continued from page 9

CANOEIST FALLS FOUL OF LAW

Hugh Davies in Washington, Daily Telegraph, Tuesday December 29, 1998

The curses uttered by Timothy Boomer, 24, when he fell out of his canoe on a river in Michigan have landed him in court. He faces trial next month for breaking a century-old state law forbidding swearing in front of women and children. The American Civil Liberties Union is defending him on the grounds that his words were protected as free speech by the United States constitution. Lawyers argue that by today's standards when oral sex and bad language are openly discussed in the Starr report on President Bill Clinton's behaviour - what Mr Boomer said was mild.

The canoeist was caught out because his yells when he hit the water were heard by three sheriff's deputies sitting on the river bank. He faces up to 90 days in jail plus a US\$100 (NZ\$180) fine. Prosecutors say the canoeist loudly and repeatedly uttered a most offensive vulgarity and "various derivatives" and that the conduct did not involve free speech because "it wasn't an expression of an idea or thought." Mr Boomer's lawyer, William Street, cited a legal precedent upholding the right of a Vietnam War protester to enter a court wearing a jacket inscribed with a profanity against the military draft.

WAIPORIDAM

The dams on the Waipori have been bought by Trust power in Tauranga and the main man there by the name of Roger Burchett is well known in the Tga area for being VERY hard nosed to Kayakers wanting river flows. I believe there is no protection or conservation order on the river and Roger will let no water flow through his hands unless he is compelled to. I know little about the sale so would be pleased to hear if any body has some good news.

Blair Anderson <u>Waimarino@xtra.co.nz</u> or <u>BLAIR.ANDERSON@xtra.co.nz</u>

NZRCA online

Check out our website on www.rivers.org.nz

Note: we are adding information to this every day - keep

watching!



RMA REVIEW

continued from page 13

important issues of the region as local councilors are.

The review proposes to modify appeal rights and enable major resource consent applications to be referred directly to the Environment Court. The effects of these proposals would be to increase the formality required at initial hearings. In other words more lawyers and more time will be needed to process applications and voluntary recreational associations such as clubs. The NZRCA may not have the resources to attend the hearings and have our important opinions on the recreational attributes of the resource in question made known. This proposal could have a large impact on how accessible the whole resource management process is to us, and negative, longterm consequences.

The review also proposes that the

weight given to instruments such as National Water Conservation Orders, Regional Policy Statements and Plans and proposed plans should be reduced. These instruments are all important in providing concrete guidance and context for decision-makers. The resources that they protect should retain the degree of protection they currently have.

The review contains some amendments that are good, from our point of view. The proposal to retain 'amenity value', which includes recreational attributes, in the definition of 'environment', is important when it comes to placing weight on the interests that we have in rivers. The review proposes that bonds, which developers pay as a safeguard to protect the resource they are using, extend beyond the term of the consent. Another positive proposal is to give the control of the use of surface water and river and lake beds to Regional Councils, who already control the

use of water and disturbance to river and lake beds.

Over 700 submissions were received on the proposals. If the government decides to pursue the reforms, there will be another chance to comment when a draft RMA amendment bill gets sent to Parliamentary select committee for consideration.

These proposed changes to the RMA are important, and could one day threaten the loss of your favourite local play spot. If you would like to add your or your club's voice to the public debate before the select committee, get in touch with me. If you would like the NZRCA to incorporate your comments that would be great, forward them on. The preservation of our favourite runs is at stake!

Contact me also if you would like a copy of the NZRCA's full submission (17 pages).

Maree Baker Conservation Officer



New Zealand Recreational Canoeing Association

PO Box 254 Wellington

Email: admin@rivers.org.nz Name and address Name Address Phone (evening) Phone (day) Phone (mobile) Fax Name Donation If you wish to provide additional support for our work in Conservation, Access, Safety and Education, we will gratefully accept any donation: Donation amount Membership Membership is for one year from the date we receive your form, and includes four newsletters that will be mailed to you quarterly.

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Please make cheques out to "New Zealand Recreational Canoeing Assoiciation," and post with this form to the address at the top of the page.

THANK YOU FOR YOUR SUPPORT!

FROM THE EXEC

continued from page I

CONSERVATION CONFLUENCE

Maree Baker, the NZRCA Conservation Officer, is setting up a network of people with skills and an interest in Conservation issues. If you are interested in being involved, contact Maree on conservation@rivers.org.nz

WE'RE OUTTHERE

The NZRCA Executive was out in force at the Mangahau release, counting the number of kayakers on the river that day. This information is vital for future water release negotiations, especially with the recent changes to the power companies. There were 124 kayakers (including the exec!), and 36 rafters. Hope you all had a great

Also, check us out online. If you want to receive news about the NZRCA, send an email to subscribe@rivers.org.nz. Your details will reamin confidential, and will not be given or sold to any person or organisation.

RODEO WORLD CUP NEWS

The Rodeo Pre-Worlds were held at Ngaawaparua from the 3rd to the 6th of December 1998, and a great time was had by competitors and spectators alike.

The New Zealand selection rodeos are now under way, organised by the New Zealand Freestyle Kayak Committee. The first selection competition was held on the weekend of February 7/8; the second were held on the weekend of March 27/28. The dates for the third and fourth selection rodeos are to be confirmed.

If you want to keep in touch with these events, contact The Secretary, NZ Freestyle Kayak Committee Inc. PO Box 1160 Rotorua, or on e-mail at NZFKC@clear.net.nz. You can also check out their web site at HTTP:// home.clear.net.nz/pages/NZFKC

PRE-WORLD RESULTS

Rusty Sage of the USA won the Men's K1, with Logan Hammersley the highest ranked New Zealand male at number 5. Deb Pinneger from Great Britain won the Women's K-1, and Liz Blazey of New Zealand placed 7th. Helge Westeraas of Norway won the Junior Men K-1, with James Barron from NZ placed 5th. In the C-1 competition Allen Braswell (USA) came first, followed by Eric Jackson of New Zealand in second. And finally in the OC-1 competition Mark Scriver (Canada) placed first, with Paul Eames (NZL) third.

New Zealand Recreational Canoeing Association Inc.

Our purpose is to preserve New Zealand's whitewater resources and to enhance opportunities to enjoy them safely.

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